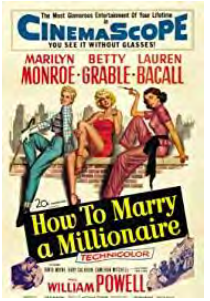
LUTHER OAKS

March 7-March 14, 2021 Weekly Culinary Menu

	Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
Breakfast	Scrambled Eggs Assorted Fresh Donuts	Cinnamon Pecan Pan-cakes Bacon Fruit Garnish	Eggs Your Way Sausage Patty English Muffin Fruit Cup	French Toast Bacon Fried Apples	Omelet Your Way Bacon Hash browns Fruit Cup	Biscuits and Gravy Scrambled Eggs Fruit Garnish	Ham & Egg Quiche Fruit Cup
Lunch	Cream of Mushroom Soup Spinach Salad with Bacon Dressing **Prime Rib** Parsley Red Potatoes Sunday Green Beans Cranberry Walnut Bread **Coconut Breaded Shrimp** w/Orange Dipping Sauce Parsley Red Potatoes Sunday Green Beans Cranberry Walnut Bread	Stuffed Pepper Soup **Turkey Tetrazzini** Garden Peas Sugar Cookie	Ham & Potato Soup **Seafood Salad on Croissant** Pineapple & Grapes Oatmeal Raisin Cookie	Chili **Chicken Cobbler Casserole** Baby Carrots Peanut Butter Cup Cookie	Curried Coconut Carrot **Turkey Cordon Blue Pani-ni** Cran Apply Chutney Fries Ice Cream Treat	Split Pea with Ham **Pork Tenderloin Sandwich** Onion Rings Nanaimo Bar	Corn Chowder **Taco Salad** Chocolate Chunk Cookie
Dinner	**Healthy Choice** Steamed Shrimp Parsley Red Potatoes Cauliflower Pecan Pie Ice Cream/Sherbet Fresh Fruit Cup **Fish Sandwich** Cole Slaw	Fruited Lime Gelatin **Veal Parmesan** Garlic Linguini w/ Marinara Parisian Carrots **Citrus Dill Orange Roughy** Wild Rice Pilaf Parisian Carrots	Creamy Cucumber Salad **Roasted Chicken** Cauliflower & Cheese Bake Baked Beans **Bone-In Pork Chop w/ Sage Butter** Cauliflower & Cheese Bake Baked Beans	Cinnamon Applesauce Gelatin **Beef Stroganoff** Buttered Noodles Asparagus **Breakfast Skillet** (Potatoes, Vegetables, Ham & Country Gravy) Eggs Your Way	Pasta Salad **Shrimp and Scallop Etoufee** White Rice Broccoli **Pecan Crusted Chicken with Honey Mustartd** Roasted Yukon Potatoes Broccoli	Caesar Salad **Marinated Rib Eye** Baked Potato Escalloped Corn **Deep Fried Tilapia** Baked Potato Escalloped Corn	3-Bean Salad **Cranberry Dijon Glazed Pork Loin** Baked Sweet Potato California Vegetables **Vegetable Lasagna** Sliced Tomatoes Garlic Bread
	White Chocolate Macadamia Nut Cookie Ice Cream/Sherbet Fresh Fruit Cup	**Healthy Choice** Citrus Dill Orange Roughy Wild Rice Pilaf Parisian Carrots Carol's Church Cake Ice Cream/Sherbet Watermelon	**Healthy Choice** Roasted Chicken Baked Sweet Potato Cauliflower Tapioca Pudding Ice Cream/Sherbet Sliced Apples w/Caramel	**Healthy Choice** **Breakfast Skillet** (Potatoes, Vegetables) Eggs Your Way Cherry Crisp Ice Cream/Sherbet Cantaloupe	**Shrimp and Scallops** White Rice Broccoli Pumpkin Bars Ice Cream/Sherbet Fresh Fruit Cup	**Herb Baked Tilapia** Baked Potato Steamed Green Beans German Chocolate Cake Ice Cream/Sherbet Watermelon	**Healthy Choice** Baked Salmon Baked Sweet Potato California Vegetables Butter Pecan Toffee Cookie Salted Caramel Cheesecake Ice Cream Sherbet/Cantaloupe

LUTHER OAKS
NEVER STOP GROWING.

Residential Living
March 7th 2021 to March 13th 2021

Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
 3:00 (RLDR) Sunday Worship with Chaplain Lyn Ahearn 4:00 (RLDR) "Happy Hour"	8:00 (CR) Ladies Fitness 9:30 (RLDR) Ladies Coffee "Virtual Care Options" 10:30 (PDR) "Pop-Up Library" 10:30 (CR) "Strong for Life" (limited to 10) Sign-up required 2:00 COVID-19 Update w/ Doug (309-305-3455) or Facebook 2:30 (CR) "Drums n' More" (limited to 10) Sign-up required	10:00 (CR) "Core Stability" (Limited to 10) Sign-up required 11:00 (CR) "Strong for Life" (limited to 10) Sign-up required 1:30 (RLDR) "Dance It Out" (Information below) 2:00-3:00 (RLDR) 3:45 (CR) LCMS Communion Service 6:30 (CR) Evening Movie: "Please Don't Eat the Daisy's" Starring Doris Day & David Niven (Limited to 10) Sign-up required	8:00 (CR) Ladies Fitness 9:30 (CR) "Chair Yoga with Alison" (limited to 10) Sign-up required 12:30 (CR) Zumba Gold/Toning (limited to 10) Sign-up required 1:00 (CR) Shutterbug Club 2:00-3:00 "Bible Study" (limited to 10) Sign-up required 3:00 (CR) Euchre Game (limited to 8) Sign-up required 6:00 (CR) Garden Club: "Inovated Gardening"	9:30 (CR) "Strong for Life" (limited to 10) Sign-up required 10:15 (CR) Zumba Gold/Toning (limited to 10) Sign-up required 1:30 to 1:45 (RLDR) "Dance It Out" 2:00 Update with Doug (309-305-3455) or Facebook SYNERGY HomeCare 2:30 (RLDR) Synergy "Simple Services"	9:00 (RLDR) Men's Coffee 10:00 (CR) Upper Body Strengthening w/ Laurie (limited to 10) Sign-up required 11:15 (CR) Men's Strength Training with Hawkins Sign-up required 1:00 (CR) Bridge Club Sign-up required	 1:00 (CR) Saturday Matinee: "How To Marry a Millionaire" Starring Marilyn Monroe and Betty Grable (Limited to 10) Sign-up required

Hearthstone Assisted Living

March 7th—March 13th, 2021 Activity Calendar

Sunday 3/07	Monday 3/08	Tuesday 3/09	Wednesday 3/10	Thursday 3/11	Friday 3/12	Saturday 3/13
 Worship Service AL Library 2:00pm **(Limit 10)**	Bloomington Public Library *Books are just the beginning.* Pop-Up Library AL Library 9:30am **Ladies Tea** AL library 10:30am **(Limit 10)** **Senior Fitness "Balance"** AL Library 2:30pm **Executive Director's Update call** 2:00pm Join By Phone: 309.305.3455	HISTORY **History Vault: Lines in the Sand** AL Library 10:00am **(Limit 10)** **Senior Fitness "Balance"** AL Library 1:30pm **Bingo** AL Dining Rm. 2:30pm **(Limit 16)** **Bible Study** AL Library 3:30pm **(Limit 10)**	 **Drums & More** AL Library 11:15am **(Limit 10)** **Morning Movie: "Please Don't Eat The Daisies"** (description found on insert) 3:00pm **(Limit 10)**	 **Senior Fitness "Balance" AL Library** 10:30am **Executive Director's Update call** 2:00pm Join By Phone: 309.305.3455 **"Shamrock Button Pin"** **2:30pm** **AL Libary**	 **Men's Coffee** AL library 10:30am **(Limit 10)** **Happy Hour!** AL Library 2:00pm **(Limit 10)**	 **Strong for Life** AL Library 2:00pm **(Limit 10)**

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All Activities Are Subject To Change

If you have any questions please call one of the Life Enrichment staff

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